INTERPROFESSIONAL TEAMWORK IN THE QUALITY OF CARE AT A TERTIARY PUBLIC HOSPITAL

Perceptions, barriers and facilitators

Presented by Nicole Arends BSc Physiotherapy (UWC-2011), MPH (UWC -2018)

Personal motivation as a Frontline Healthcare professional



Quality, patient-centered care

Almost right Horribly wrong



Right





A moment to reflect...





Legislation
Policy
Standard
practice

Refreshing memory with literature

Definitions

- **Quality**: "health professional's achieving optimal patient outcomes within their available resources (National Department of Health, April 2007)" [1].
- **Patient-centered care**: "is a comprehensive approach to care which is responsive and organised around a patients' health needs by health professionals" [2].

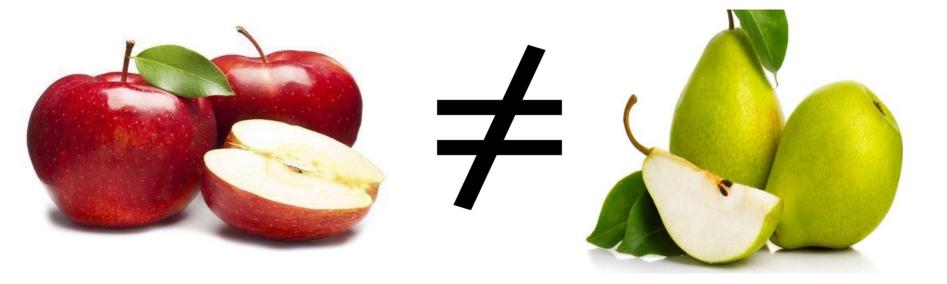
Refreshing memory with literature

- **Complex health needs**: an individual with a combination of interrelated health problems such as multiple chronic conditions, mental health issues, medication related problems, disability including social vulnerability [3].
- **Health**: it is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity [4].
- **Interprofessional Teamwork**: is a collaborative interaction among HPs in an IPT to provide quality, individualised care for patients [5].

Argument for "quality, patient-centered care"



Do we accurately reflect what we profess in health legislation, policy and standard practice?



Research Intent





Research Intent



INTERPROFESSIONAL TEAMWORK APPROACH

Aim & Objectives

- 1. To explore the perceptions health professionals to the concept of interprofessional teamwork
- 2. To explore the facilitators of working together interprofessionally
- 3. To explore the barriers of working together interprofessionally

Research setting

- > Tertiary public sector hospital in Cape Town.
- Provide comprehensive health services to a large drainage area which includes individuals who have migrated for health services from other provinces.
- ➤ High patient turnover & admission rate.
- > Often times teamwork reflects being disjointed.

Research population: n=14

| Profession | FGD 1 | FGD 2 | FGD 3 |
|----------------------------|-------|-------|----------|
| Medicine & Surgery | 1 | 1 | 1 |
| Social Work | 1 | 0 | 0 |
| Registered Nurse | 0 | 1 | 0 |
| Registered Enrolled Nurse | 1 | 0 | 1 |
| Registered Assistant Nurse | 1 | 0 | 0 |
| Physiotherapy | 1 | 0 | 0 |
| Dietetics | 1 | 0 | 1 |
| Speech Therapy | 0 | 2 | 1 |

Actively practicing frontline health professionals from the following departments

- □ Medicine and Surgery
- Department of Nursing
- □ Allied Health (DT, PT, ST, SW)

*Limitation

Some departments opted to not take part in the research due to time constraints.

Research Methods

- > Qualitative approach
- Data collected in the form 3 focus groups
- Representative of an atypical interprofessional team
- Used a semi-structured questionnaire to guide focus group discussions

Research Methods

- > All ethical protocols observed.
- > Analysed using Creswells analysis.

Major themes

- 1. Defining Teamwork (Perceptions of teamwork)
- 2. Approach to teamwork
- 3. Perceptions of interprofessional teamwork
- 4. Interprofessional teamwork culture
- 5. Barriers and facilitators of interprofessional teamwork

Defining Teamwork (Perceptions of teamwork)

"a team can consist of two people or it can consist of many people and often each person brings a different aspect to the playing field" [FGD3].

"to work together in order for the aim of what you are doing to be good (optimal) so that "the mission can go further" [FGD3]. (purpose)

- 1. Defining Teamwork (Perceptions of teamwork)
- Teamwork is "very important because every person's role forms part of the end result (health outcome) [FGD2]"
- "teamwork is working together to benefit the patient [FGD2]" identifying that "the patient can heal faster if you are working as a team" [FGD3]

- 1. Defining Teamwork (Perceptions of teamwork)
- "either make(s) things go faster, or to make things possible that wouldn't be possible." [FGD3].
- *"it (teamwork) also makes your work light in a way"* [FGD2].

2. Approach to teamwork "definitely differs from ward to ward"

"constantly adapting (the teamwork approach) to the setting ...constantly realigning to who you're (they were) working with" and "the situation within which you are working [FGD3]".

2. Approach to teamwork

"there's no clear picture [FGD2]" of the teamwork approach used in the hospital.

"It's not very patient-centered...that's not what we do" [FGD2].

3. Perceptions of interprofessional teamwork "teamwork that's within (between) professions, which means that each individual member is gualified or has a certain speciality or a certain field, which automatically indicates that they bring something to the table that the other people in the team do not. So it means that they wouldn't be part of that team if it (their presence in the team) wasn't of value. So interprofessional teamwork is (an) interaction of knowledgeable people of relevant fields towards a common goal"

3. Perceptions of interprofessional teamwork

"interprofessional teamwork is happening" but there was a lack of confidence *"about the quality"* [FGD2].

4. Interprofessional teamwork culture

"very good [FGD1]"

"different experiences in different surgical departments" [FGD1].

- 5. Barriers and facilitators of interprofessional teamwork
- Contextual and organisational factors

High patient volumes
Lack of human resources
Time and space

- 5. Barriers and facilitators of interprofessional teamwork
- Interprofessional teamwork process factors

 The referral process
Knowledge of the roles and scope of practice of other professionals
Goal setting

5. Barriers and facilitators of interprofessional teamwork

Interprofessional team member relationships



Conclusion

Several conclusions can be drawn from the findings.

□ Recognised that quality, patient-centered care is not always delivered.

- They recognise that the conditions are not always favourable to achieve interprofessional teamwork where barriers exist.
- Health professionals do see and value the need for interprofessional teamwork in achieving quality, patient-centered care.

Recommendations

Health professionals:

 consider ethics and what we are trying to achieve in providing quality, patient-centered care and engage in building relationships with other health professionals.

Facility Managers/ Department Heads:

- Review whether your facilities approach to achieving quality patient-centered care is effective.
- Engage your frontline staff, they are often times better at understanding ground level processes and can suggest quality improvement initiatives.
- Create environments for interprofessional teamwork to be achieved (culture, policy and practice).

Recommendations

Academics

To ensure:

- that this principle of interprofessional teamwork, value thereof
- understanding the scopes of other professions
- Is made foundational in the students understanding of quality, patientcentered care during their training.
 - That social workers are also given adequate understanding in their training regarding issues pertaining to health to better gauge social needs.

Thank you for listening.

For more information or access to the original dissertation:



References

- Saha, S., Beach, M. C., & Cooper, L. A. (2008). Patient centeredness, cultural competence and healthcare quality. Journal of the National Medical Association, 100(11), 1275–85. https://doi.org/10.1016/j.biotechadv.2011.08.021.Secreted
- Martello, C., Bessière, G., Bigras, M., Boulet, A., Brenner, K., Crist, E., Duong, S., Goulet, S., Grad, R., Ganikor, V., Jean-Marie, M., Kayal, D., Kremer, B., Loignon, C., McLauchlin, L., Nguyen, Q., Omon, E., Rabiau, M., Rosenberg, E., Tower, C.B., & Pluye, P (2014). What do we mean when we say this patient is complex? Retrieved from
- 3. World Health Organisation. (1978). Alma Ata 1978. Geneva. Retrieved from https://www.unicef.org/about/history/files/Alma_Ata_conference_1978_report.pdf
- 4. Institue of Medicine. (2003). Health Professions Education: A Bridge to Quality. (A. Greiner & E. Knebel, Eds.). Washington DC: National Academies Press. https://doi.org/doi: 10.17226/10681