

## THE PROFESSIONAL BOARD FOR PSYCHOLOGY

### INFORMATION FOR INSTITUTIONS THAT WISH TO APPLY FOR THE ACCREDITATION OF TRAINING OF INTERN COUNSELLING PSYCHOLOGISTS

#### 1. RECOGNITION

Training can only be recognised if it takes place in an approved institution on a full-time basis (40 hours per week) over a minimum period of 12 months. Institutions that wish to apply for accreditation, for purposes of training intern counselling psychologists, must do so in writing.

##### 1.1 Staff

###### 1.1.1 *Psychologists*

Full information concerning the full-time and part-time post structure and the number of psychologists on the staff establishment of the institution must be furnished. Details must also be furnished regarding the categories in which the psychologists are registered, where they were trained and their experience since registration.

###### 1.1.2 *Other Professional Personnel*

Information must be furnished regarding the full-time and part-time post structure and the number of other professional personnel who are employed by the institution.

##### 1.2 Spectrum of Cases

A clear indication must be given of the nature of the counselling clients that are available on a continuous basis, with special reference to age and cultural groups.

An exposition of a full year's consultations will be much appreciated. If possible, the duration of contact with the clients should be indicated.

##### 1.3 Facilities

Information must be furnished regarding the available testing facilities, group-discussion room, available psychometric tests, interviewing rooms, test-library, audio-visual aids, etc.

##### 1.4 Training Programme

A complete exposition of the proposed training programme for intern counselling psychologists must be given. The main fields of emphasis and an indication of the staff who will be involved in the training, must be clearly indicated. The duration of each aspect of the programme must be stipulated.

The psychological tests listed in the internship programme have to comply with:

- The Board's policy on the classification of psychometric measuring devices, instruments, methods and techniques (Form 208); and
- The Board's list of tests classified as being psychological tests (Form 207).

Ethics and the number of leave days must be included in the programme. Leave to the maximum of 20 working days can be granted to an intern counselling psychologist.

**Table 1: main fields of emphasis for training programmes with prescribed percentages**

ACTIVITY	DESCRIPTION	% OF DURATION OF INTERNSHIP
Psychometry and Psychological Assessment of children, adolescents and adults	The mastering of Psychological and Psychometric assessment procedures according to Form 207 and 208, including intake interviews, assessment, scoring, interpretation of data, integration of results, report writing on the case and feedback to clients (This should be done in accordance with the relevant legislation and HPCSA policies). This includes Career Counselling Procedures	20%
Counselling and/or Psychotherapy of children and adolescents	Application of counselling or therapeutic models of a preventive, developmental and curative nature, of children and adolescents, within the scope of practice of Counselling Psychology	15%
Counselling and/ or Psychotherapy of adults, couples and families	Application of counselling and/ or therapeutic models of a preventive, developmental and curative nature of adults, couples and families within the scope of practice of Counselling Psychology	20%
Trauma, HIV, Psycho-Legal and Community matters	Exposure to the management of trauma, HIV and relevant legislative matters relating to children, adolescents and adults, as well as appropriate community engagement	10%
Internship training programme and supervision	Personal moulding, mentoring and training should be included in the programme and ensure a sound theoretical and ethical underpinning of all assessments, counselling and therapeutic interventions. The programme should demonstrate a variety of psychological theories, methods and techniques and include quarterly feedback to the Intern Counselling Psychologist and Training Institution. An Intern Counselling Psychologist should exit the programme as a competent professional who can practice ethically in the South African context	15%
Ethical and professional matters	Relevant legislation, Ethics and Professionalism should be an integral part of the entire programme	15%
Practice management and entrepreneurial matters	Intern Counselling Psychologists should be engaged to master the skills of practice management as well as development of entrepreneurial skills and job creation	5%

## 1.5 Collaborating University Departments

An indication must be given (if possible with documents in support thereof), of which university department(s) might be prepared to develop a programme for the training of intern counselling psychologists in collaboration with the institution concerned.

## 2. OBLIGATIONS

Institutions which wish to be considered for accreditation must declare themselves prepared to allow the Council or Professional Board, if so desired, to inspect the institution's facilities for the training in loco or to have these inspected in terms of section 60 of Act 56 of 1974, both before and after recognition. The institution must also declare itself prepared to collaborate with the psychology departments of appointed universities and to draw up a work programme for prospective interns and to see to it that the programme is carried out. The institution must furthermore be prepared to draw up progress reports on interns on a three-monthly basis and, if required by the Council or Professional Board, to make these reports available to the Council or Professional Board.

The abovementioned work programmes for interns and the progress reports on interns, together with the requirements to be met by a recognised institution, will form the basis of any inspection of facilities which may be held before or after recognition of the institution for intern training. In addition, compliance to form 160 (policy regarding intern psychologists) is required.

The application for accreditation must be submitted to the Manager, Professional Board for Psychology, P O Box 205, Pretoria, 0001 for consideration by the Board **at least 3 months prior** to commencement of the internship.